

Innovative Gastronomy and Crafts in Toyama



Model Course, 3 days / 2 nights

Day
1

In the morning, arrive at Toyama Station (around 2 hours by shinkansen from Tokyo). Sushi is your first meal in Toyama. The chef at **GEJO** offers wonderful dishes, with artistic flair. You'll also visit the historic **Iwase area**, a beautifully preserved old town with the atmosphere and architecture of centuries past. This area is a treasure trove of Michelin-starred restaurants and artisans' studios. Here you will experience cutting-edge gastronomy and see original, high-quality craftwork by Toyama makers.

Day
2

On to Tateyama, a town of lush greenery at the foot of 3000m mountains. After a relaxing spa session and lunch at nature and wellness retreat **Healthian-wood**, visit **washi artist Takakuni Kawahara**, who transforms washi paper from a craft into a work of art. In the evening, check in to Rakudo-An, a small luxury art hotel, and stay in a cozy space curated with furniture, art, and crafts worthy of a museum.

Day
3

This morning's transfer is through forests, past lakes and up narrow winding roads to Toga Village for lunch at **L'évo**, a secluded restaurant deep in the mountains of Toyama. This restaurant has won a Michelin star for its avant-garde regional cuisine, showcasing local Toyama ingredients, including foraged vegetables and game. Chef Eiji Taniguchi has built a network of Toyama collaborators who share the best from their farms, breweries, and vineyards, and craftspeople who supply the tableware for his restaurant.

Tour starting price per person

¥353,800~

What is included?

- Breakfast
- All activities
- Private guide
- Transfers (within Toyama)
- Accommodation

Why is this "starting from" price?

The accommodation, transportation, and activities in this tour are customizable, so all itineraries and price quotes are uniquely tailored to guests.

Innovative Gastronomy and Crafts in Toyama

Detailed information

Experiences and Accommodation



Saseki

Masuda Sake Brewery produces a variety of sake in Iwase, from traditional brands to innovative new brews made in collaboration with Chivas Regal and wineries in the prefecture. Saseki is a standing bar where you can taste 100 different types of sake from the brewery. The bar is a charming Japanese-style building, with the works of Iwase craftspeople lining the walls.

Address	93 Higashiwasemachi, Toyama city, Toyama Prefecture
Open	10:00-17:00
Contact	+81-(0)80-2962-6683
Access	About 15 min from Toyama station by car



Taizo Yasuda: Taizo Glass Gallery

Taizo Yasuda is a glass artist specializing in blown glass, excelling in the Venetian Technique, a sophisticated method used to create vessels with colours, patterns, and bubbles. Taizo Glass Gallery displays Yasuda's beautiful glass works, which are also used at Michelin-starred restaurants Oryouri Fujii and L'evò in Toyama.

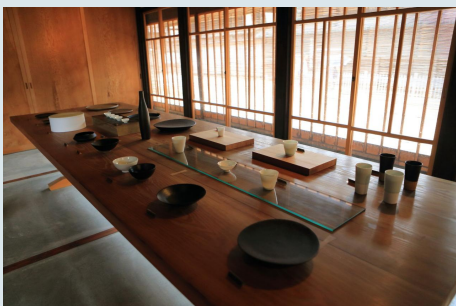
Address	109 Higashiwasemachi, Toyama City, Toyama Prefecture
Open	11:00-14:00 (Tuesday, Thursday and Saturday only)
Contact	+81-(0)764-26-9340
Access	About 15 min from Toyama station by car



Tsutomu Iwasaki: Wood carving artist

Tsutomu Iwasaki is a wood carving artist based in Iwase. He uses the *ichiboku-zukuri* method of carving from a single piece of wood to create works of art so realistic that the eye can hardly believe they are real. His work is so sought after, and takes time to carefully craft, so once ordering you will need to wait several years for your precious piece to be delivered!

Address	Higashiwasemachi, Toyama City, Toyama Prefecture
Open	Normally not open to the public
Contact	Normally not open to the public
Access	About 15 min from Toyama station by car



Photography by LADE 根建 孝弘

Gaku Shakunaga: GAKU ceramics

Gaku Shakunaga is a ceramic artist whose works are inspired by nature and depict natural scenes. He was born and raised in a family who have created Ecchu-Seto Yaki ceramics for generations. He is passionate about the pairing of dishes and vessels with food and drink. He collaborates with as many as 30 restaurants in Toyama Prefecture, as well as in wider Japan and abroad, to provide handmade tableware.

Address	146 Higashiwasemachi, Toyama City, Toyama Prefecture
Open	Normally not open to the public
Contact	Normally not open to the public
Access	About 15 min from Toyama station by car

*Pricing can vary based on availability and seasonality.



Oryouri Fujii

One of six restaurants with Michelin-stars in a 400-meter long street, in Toyama City's Iwase area. The restaurant offers beautiful and delicate Japanese cuisine using fresh, seasonal ingredients from the sea and mountains of Toyama. Not only the ingredients, but also the serving ware and cooking methods tell a story of the season.

Address	93 Higashiwasemachi, Toyama City, Toyama Prefecture
Open	Lunch: 12:00-15:00 / Dinner: 18:00-22:00
Budget	¥27,500~ (*Service charge will be added.)
Contact	+81-(0)764-71-5555
Access	About 15 min from Toyama station by car



Cave Yunoki

A Michelin-starred restaurant in Iwase, where you can enjoy French cuisine using fish, game, and vegetables from Toyama, cooked on a wood-fire grill. Set in a stylishly restored former shipping storehouse, sit at the theatre-style counter and watch the chefs at work in the kitchen. All serving ware and sake are made in Iwase, and other areas of Toyama Prefecture.

Address	102 Higashiwasemachi, Toyama City, Toyama Prefecture
Open	Lunch: 12:00-15:30 / Dinner: 18:00-22:00
Budget	¥19,800~ (*Service charge will be added.)
Contact	+81-(0)764-71-5556
Access	About 15 min from Toyama station by car



Photo:Deluxe suite

DoubleTree by Hilton Toyama

Opened in January 2023, this is Hilton's first hotel in the Hokuriku region (made up of the prefectures of Toyama, Ishikawa, and Fukui). The guest rooms are modern yet gentle spaces based on light wood grain, and designed in the motif of the beautiful Tateyama mountain range, of which Toyama is proud.

Address	1-1-10 Shintomicho, Toyama City, Toyama Prefecture
Time	Check-in: 15:00 / Check-out: 11:00
Budget	Guest room: ¥10,000~ per person *breakfast included Deluxe suite: ¥21,500~ per person *breakfast included (*Tax and service charge will be added.)
Contact	+81-(0)764-03-9700
Access	About 3 minutes walk from Toyama Station



© genfukei / Photo by KOJI HONDA

Healthian-wood

Opened in March 2020, Healthian-wood is a wellness retreat where guests can experience the power of herbs in various forms, including fragrance, food, and treatments. Designed by Kengo Kuma, herb gardens, aroma workshops, restaurants, event spaces, a spa, and a sauna hotel are scattered throughout the vast grounds, just as buildings are in Toyama's dispersed villages.

Address	57-1 Nicchuuwano, Tateyama Town, Toyama Prefecture
Open	Depends on the facility
Budget	Depends on the service
Contact	+81-(0)76-482-2536
Access	About 30 min from Toyama station by car



Rakudo-An

Opened in October 2022, Rakudo-An is a 120-year-old farmhouse transformed into a small luxury inn. This boutique property has just three guest rooms, and is furnished with an impressive collection of Japanese and international craft, art, and furniture under the theme of living in harmony with nature. Guests can experience the spirit of Toyama's "Dotoku – living with the land" and the unique Tonami community style of scattered Village and Azumadachi farmhouse living.

Address	645 Nomurajima, Tomami City, Toyama Prefecture
Time	Check-in: 15:00/ Check-out: 11:00 *Closed on Tuesdays
Budget	¥43,000~ per person / 1 night *breakfast, dinner included
Contact	+81-(0)763-77-3315
Access	About 30 min from Shin-Takaoka station by car



Bed and Craft

The artisans of Inami, Japan's foremost woodcarving town, have designed and decorated six private villas, each as their own original work of art. Each has been created in a restored historic building in the village of Inami and each can welcome one group per villa, per day. Guests can also participate in a workshop where they can apprentice themselves to an Inami craftsman.

Address	3-41 Honmachi, Nanto City, Toyama Prefecture
Time	Check-in : 16:00-21:00 / Check-out : 11:00 *Closed on Tuesdays
Budget	¥38,000~per villa / 1 night *breakfast included
Contact	info@bedandcraft.com
Access	About 40 min from Shin-Takaoka station by car



L'évo

This auberge is located in a village deep in the mountains of southwestern Toyama Prefecture. Chosen from amongst all restaurants in Japan, L'évo was selected as Destination Restaurant of the Year 2021 by The Japan Times newspaper. It offers avant-garde regional cuisine prepared using hyper local ingredients, with the chef often foraging for ingredients from the surrounding forest himself. It has been awarded two Michelin stars.

Address	100 Tanoshima, Togamura-Daikanba, Nanto City, Toyama Prefecture
Open	Lunch: 12:00 and 12:30 / Dinner: 18:00 and 19:00 Check-in : 15:00 / Check-out : 11:00
Budget	Restaurant : ¥22,000~ / Hotel : ¥44,000~ per room (*Service charge will be added.)
Contact	+81-(0)763-68-2115
Access	About 1.5h from Toyama station by car

Sample itinerary

Day 1	Transportation	Arrive at Toyama Station
	Lunch	GEJO
	Transportation	GEJO to the hotel (drop off your luggage), from the hotel to Toyama Prefectural Museum of Art and Design (about 45 minutes in all. Transportation by car)
	Experience	Toyama Prefectural Museum of Art and Design
	Transportation	Toyama Prefectural Museum of Art and Design to Iwase (15min by car)
	Experience	Walking around Iwase area (Saseki, Tajiri Sake Shop, KOBO Brewery, Kyoshu-ji temple etc.)
	Experience	Artist studio tour (Options: glass artist, wood carving artist, ceramic artist, metal artist)
	Dinner	At Michelin restaurant in the Iwase area (Options: Japanese cuisine, French, Soba noodles, Italian)
	Transportation	Restaurant to Hotel
	Overnight stay	DoubleTree by Hilton Toyama
Day 2	Breakfast	At the hotel
	Transportation	Toyama City to Tateyama Town (40min by car)
	Experience	Spa at Healthian-wood
	Lunch	The Table restaurant at Healthian-wood
	Experience	Making herbal bath salts at Healthian-wood
	Transportation	Tateyama Town to Tonami City (50-60min by car)
	Check-in	Check-in tea ceremony at Rakudo-An
	Dinner	il clima restaurant at Rakudo-An
	Overnight stay	Rakudo-An
Day 3	Breakfast	il clima
	Transportation	Tonami City to Nanto City Toga Village
	Lunch	L'évo
	Transportation	Nanto City Toga Village to Toyama City, from here guests can catch a shinkansen back to Tokyo, or speak to us about options for exploring the Hokuriku region further!

*Artist studio tours will be held depending on the artist's schedule. If it is not possible to visit the studio of the listed artist, an alternative craft experience will be offered.